

## Stanley Medical Group

### Health Issues for Young People

Have you any concerns about any of the issues below? If so our Practice can give you advice and guidance

- Giving up Smoking
- Alcohol Misuse
- Drugs/substance Misuse
- Mental Health
- Sexual Health

### Our Practice offers

- Chlamydia Screening
- Contraception and Free Emergency Contraception
- C-Card Free Condoms (with information and guidance on correct use)
- Pregnancy Testing
- Advice and hospital referral if your pregnant and Don't know what to do
- Antenatal Care

### We Are Here to Listen Not to Tell

#### Come and Talk to Us It's Confidential

We provide a confidential service to all Young People including under 16's.

You can be seen on your own or with a friend for support.

The only reason why we might have to consider passing on confidential information without your permission would be to protect you or someone else from serious harm. We would always try to discuss this with you first.

You can ask for an appointment with a male or female clinician  
Our Practice has 2 male GP's, 3 female GP's, female Nurse Practitioner, 2 female Practice Nurses

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info

Young People's Information Leaflet

confidential  
advice  
smoking  
weight  
help  
health



### Opening Times

Monday – Friday 8:00am – 6:00pm

Late Appointments Tuesday  
6:00pm - 7:00pm (with our Nurse  
Practitioner/Practice Nurses)

Closed Saturday and Sunday

We are closed for Training from  
12:00pm on 3<sup>rd</sup> Thursday of every  
month

**Out of Hours ring 111**

### Suggestions & Complaints

If you'd like to make a complaint or  
a suggestion about how we can  
improve our services, please ask to  
speak to our Practice Manager  
(Sue Elsbury). If you prefer to send  
your complaints/suggestions in  
writing our address is

**Stanley Medical Group, Stanley  
Primary Care Centre, Clifford  
Road, Stanley, County Durham  
DH9 0AB**

### Patient Forum Group

If you'd like to get more involved  
and want to help us make our  
service more **Young People  
friendly**, please leave you name  
and contact number with a member  
of our staff and our Practice  
Manager will contact you with a  
view to becoming a member of our  
Patient forum

Visit our website to find information  
on the following items:-

- Staff
- Appointments
- General Information
- Out of Hours
- Location/Practice Boundary
- Newsletter

[www.stanleymedicalgroup.co.uk](http://www.stanleymedicalgroup.co.uk)

### Parents

As a practice we would encourage  
parents/carers to discuss key health  
issues with their children. Useful  
resources can be found at

[www.fpa.org.uk](http://www.fpa.org.uk)  
[www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)

### DOCTORS

Dr John Bisson  
Dr Shelley Nair  
Dr Katie Hird  
Dr Tim Butler  
Dr Kit Nicholls  
Dr John Barker

### NURSING TEAM

Brenda Scott – Nurse Practitioner  
Jeanette Seymour – Practice Nurse  
Gemma Fletcher – Practice Nurse  
Lynn Torode – Health Care  
Assistant

### ADMIN

Sue Elsbury – Practice Manager  
Lisa Davidson – Assistant Manager

### RECEPTION

Caroline  
Ann  
Carole  
Elaine (Data Clerk)  
Allison  
Lisa  
Lynne (Secretary)